

SUMMER PROGRAMS

at the Dover Arena
July and August

Learn to Skate Mondays 5:00 PM

This program is focused on the younger skater that needs to learn some very basic skating skills for either figure skating or hockey skating.

Mondays 6 Sessions \$ 90

July 9 - August 13 5:00—6:00 PM



Youth Introduction to Hockey

Mondays 6:00 PM

This program is focused on young skaters that have very basic skating skills and want to learn the basics of hockey. Full hockey equipment is required. This is not a learn to skate program.

Mondays 8 Sessions \$ 160

July 9 - August 27 6:00—7:00 PM

Adult Introduction to Hockey

Wednesdays 8:00 PM

This program is one of our most popular adult programs and is focused on adult skaters that want to learn the basics of hockey or want to improve their hockey or skating skills. Full hockey equipment is required. All adult beginner or intermediate hockey players are welcome to join this program. This is a CO-ED program

Wednesdays 8 sessions \$ 175

July 11—August 29 8:00—9:30 PM

Beginner Adult Hockey Skills

Friday Mornings 8:30 AM

This is a beginner hockey skills program for adult men and women. This is a recreational program focused on skill enhancement and fun. Non-contact, safe program that welcomes all beginner skaters. No intermediate or advanced men skaters in this program. Full hockey equipment is required. Skills and drills and scrimmage each session.

Fridays July 13—August 24 8:30—10:00 AM Walk-ons \$10

ADULT -CO-ED Pick-Up Hockey

Wednesdays 9:30 PM

Beginner and Intermediate Hockey Players only. Focused on CO-ED C League level players and beginner hockey players only. This is not our typical Adult Stick Practice. Intermediate and advanced players should not participate in this skate.

July 11—August 29 9:30—11:00 PM \$10 pre pay, arena pass or walk-ons

More programs and information online

Men's leagues, women's leagues and CO-ED hockey leagues
www.doverarena.com or 603-516-6060

